



Miles & Members

December 2025 | 3rd Edition

ISSUE

03

RIDE
*Cars***3**

RIDE3 CARS | ISSUE 3 DECEMBER 2025

"Fuel your passion. One love"

Welcome to the third edition of Ride3 Cars newsletter - Miles & Members!

Hey gang! We'd Like to kick this one off wishing you all a very Merry Christmas! Wether you celebrate or not we hope you all enjoyed the festive season!

Thank you to every one that got involved in edition two, the arrival of Ride3 Rescue and for your continued support!

Happy New Year to you all, roll on 2026 show season!

Remember, this is your newsletter - the more you share, the better it gets. So dont forget we need you, your input and your stories so get sharing!

Love Leigh, Matt, Soph, Kasey,
Gary (aka Uncle David) and
Colbs x



CLUB HIGHLIGHTS

It's been a relatively quiet month but we have loved seeing all your Christmas pics and seeing those of you that were able to make it to our final link up of 2025 at Gasoline Juice and for everyone that got involved in the secret Santa which provided all of us with plenty of laughs!

We also welcomed our newest member to the admin team - Colbs! Our lovable rogue has been a member since the beginning and we couldn't be more proud of him for stepping up and can't wait to work with him to bring you all a bigger and better 2026!

Welcome to our latest members:
Pedro - @jungle_boy_00_
Marshy - @marshy_d81
Lys - @aky_f87





David
@DESERTSANDM5

ADMIN SPOTLIGHT

Most of you will know our cheeky Chinese Scouse admin... for those that don't, let us introduce you to David aka Gary and his absolute beauty of a car - his BMW M5 F90.

Beast in Power, Gentleman in Presence



With a mod list longer than my little arms this car really is something special.

Engine mods:

Infinity design carbon intakes
Mod-Stock sports cats and exhaust
Velocity tuning engine and gearbox map

Suspension and brakes:

KW HAS kit
Custom 2 piece brakes with powerstop ceramic pads

Wheel and body:

Rayaaforgedwheels 21" custom 2 piece forged wheels on Michelin MP4S
Inozetek super gloss sand wrap by Pitstop customs
Kadz kustoms headlights
AutoID carbon skirts, front splitter and carbon spoiler
Carbon Culture UK custom engine cover and downstar dress up kit

Future plans:

Retrofit Bowers and Wilkins speakers and amp
Carbon Culture custom carbon dash kit



TIP OF THE MONTH

Winter - Part 2 Batteries & Fluids

Winter is brutal on cars, and two things feel it first: your battery and your fluids. A little prep now can save you from that dreaded click... click... nothing moment later.

Battery Basics

Cold weather slows battery chemistry, meaning your battery has to work harder while delivering less power.

- *Check battery age: Most car batteries last 3–5 years. If yours is pushing retirement age, winter will expose it.*
- *Clean the terminals: Corrosion kills power. A quick scrub with baking soda and water keeps electrons flowing.*
- *Short trips = sneaky drain: If you're only driving a few minutes at a time, your battery may never fully recharge. Take the long way home once in a while — your car deserves it.*

Fluid Check (Non-Negotiable Edition)

- **Coolant/antifreeze:** Make sure it's rated for sub-zero temps. Too much water = frozen engine = very bad day.
- **Washer fluid:** Switch to winter-grade fluid now. Summer mix freezes faster than your fingers on a scraper.
- **Oil:** Check your owner's manual — lighter winter-rated oil flows better in the cold and reduces startup wear.
- **Brake fluid & power steering fluid:** Low levels can lead to stiff pedals and groaning noises that sound expensive.

Pro Winter Move

If your car lives outside, start it once every few days during extreme cold — and let it run long enough to fully warm up. It helps the battery recharge and keeps fluids circulating.

Bottom line: cold doesn't break cars — neglect does. Give your battery and fluids some love now, and winter driving becomes a lot less dramatic.





RIDE3

MOD CORNER

The bit where we showcase the new additions and modifications to your builds.

Dont forget to email us at ride3cars@gmail.com to be featured.

Kyle's Mustang

Kyle's newest mod to the mustang is these custom headlights:

Ditching the old dull lights he's replaced them with these beauties! These headlights can be found on the newest mustang. However these ones are custom and can vary from a range of colours and modes. They completely change the look of the front end!

Supplied and fitted by Mustdan Mods.

You can follow his build on insta @v8_lky



Shannon's F22

Shannon making a statement with her new exhaust tip, but it's not just the tip! She's had her whole exhaust straight piped and is in the process of getting a custom dual exhaust made, we can't wait to hear it roar!

With some other exciting mods to come including racing steering wheel, rear diffuser and a whole new exterior look 🤖

You can follow her build on insta @j29_sos

RIDE3

Rescue

I've never had more friends than I have now but I've never felt lonelier

Sweetheart... having a crowd doesn't mean you have a connection. Let's stop pretending a full social circle equals a full heart. You can be out every weekend, group chats popping, Insta stories looking lively and still feel like no one actually sees you. That's not loneliness, that's starvation.

Here's the brutal truth: some of those "friends" are just warm bodies and background noise. Vibes for the moment, not people for the soul. And you've been trying to feed yourself with crumbs and calling it company.

You don't need more people. You need the right people. The ones who check in, not just check your story. The ones who actually listen when you talk, not wait for their turn. One real friend will do more for you than a dozen party pals and emoji reactors.

So stop confusing social availability with emotional intimacy. Cut the dead weight. Seek depth over numbers. And don't be afraid of being alone, that's where the real ones finally have space to find you.

Is something wrong with me? I make friends they wanna know me then don't bother. Start talking to someone they then leave for something better. I feel alone like I haven't got anyone I am scared to admit/talk to someone as I don't want to be judged or taken the mick of.

Listen to me carefully, sweetheart — nothing is wrong with you. What's wrong is that you keep blaming yourself for other people's flakiness. People leaving doesn't automatically mean you weren't enough; half the time it means they're chasing distraction, validation, or whatever's shiny next. That's on them, not you.

But here's the hard truth: closing yourself off to avoid being hurt will only make the loneliness louder. Not everyone deserves access to you — but someone out there will. You don't need to be louder, cooler, or different. You just need to be real with the right people.

Stop shrinking to avoid judgment. The ones who mock or disappear were never your people anyway. You're not unlovable — you're just tired of being left. And that's a very human place to be.

Need help with advice anonymously? Keep an eye on our stories for next month link

MEDIA SHOWCASE

Let's get to know our girl Amealia aka
@shootsby_ab

From a small local photographer
Amealia is now becoming a well
known name within the car
community. Working with some of
the biggest names in the scene we
couldn't be more proud to have her
on our Ride3 team and we can't wait
to see what she cooks up for us in
2026!

For a chance to win a free shoot get
involved in her 1k giveaway on insta!

DM her for bookings 📸

Giveaway!



like, comment, tag 3 friends and share to
your story for a entry

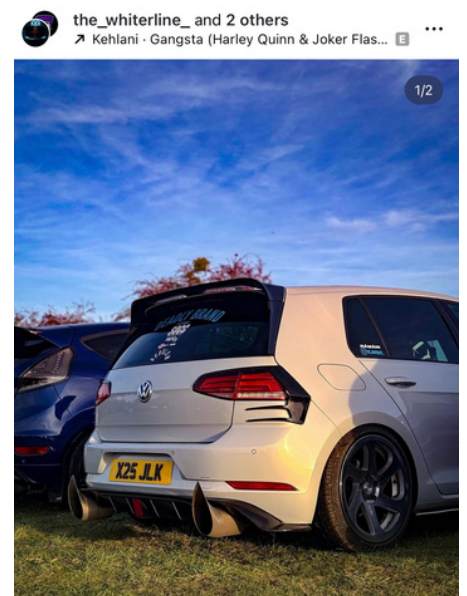
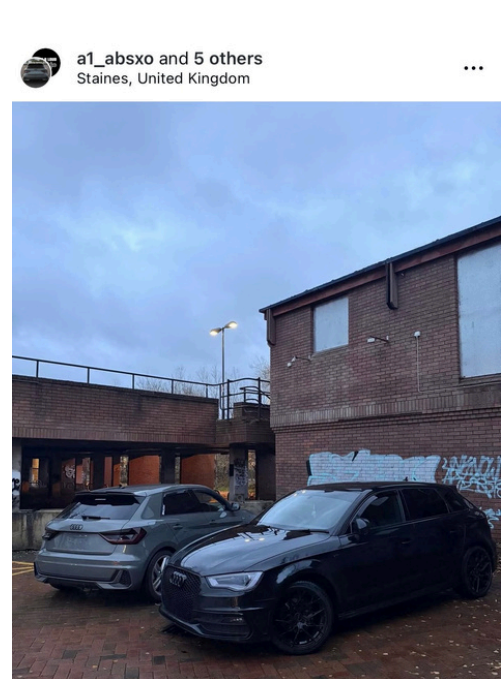
winner will be announced when i hit 1000
followers



Tag us @ride3_cars

RIDE3

Insta Highlights



WHATS IN STORE FOR 2026?

The admin team are working hard behind the scenes to bring you a show packed season for next year!

We will be linking up together next week to finalise everything and bring you an exciting calendar for 2026!

In the meantime we have a couple of dates you're going to want to save!

We can't wait to do 2026 with you all!



SAVE THE DATE

THURSDAY 26TH FEBRUARY 2026

We're heading to Girardo & Co in Oxfordshire — one of the coolest collector-car spots in the UK.

Yes. It's a Thursday.

Yes. You'll probably need to book the day off work.

Yes. It's going to be worth it. 😊

What Girardo & Co Actually Do

Girardo & Co aren't just a traditional showroom. They're a global collector-car business with deep expertise in sourcing, restoring, storing and selling some of the world's most iconic cars.

We roll up to Girardo & Co's Oxfordshire base and spend time soaking in the showroom, archive and surroundings.

After exploring and content-hunting we'll head out for food together — good chats, good energy, and talk about dreams of our next gear drop or favourite car we spotted.



NEXT EDITION

We want you to get involved!

Please email us at
ride3cars@gmail.com to be featured
in upcoming newsletters!

We want:
your favourite pics of your car

your personal achievements - new
job, promotion, new car, engagement
or birth of your child/puppy/kitten

Pro tips and tricks - detailing hints,
mechanical tips etc

